



ATHLETIC

PERFORMANCE CAMP

6TH, 7TH, & 8TH GRADE BOYS

LIMITED TO FIRST 40

REGISTRANTS

Camp dedicated to helping athletes improving strength, core, explosiveness, speed, agility, & flexibility under the direction of Coach Chris Hoeller, Head of Strength and Conditioning & Certified Strength and Conditioning Specialist



6:00pm- 7:30pm



Monday & Wednesday
Nov. 27 - Dec. 13



Saint Patrick High School
5900 West Belmont Ave. Chicago, IL.
60634

