

St. Patrick Youth Football 2019



Youth Strength Academy (7th-8th graders):

April 29-May 29

Mondays and Wednesdays from 5:30pm-6:30pm

Athletes will work with Shamrock coach and varsity players on the basics of weightlifting, speed, and agility training. Great for football players or any athlete looking to prepare for high school sports. \$10 per session or \$80 for all 10 sessions

One Day Fundamentals of Football and Combine at St. Patrick HS (3rd-8th Graders)

Camp #1: Sunday June 9 8am-1pm \$25

Camp #2: Sunday June 30 8am-1pm \$25

Learn the fundamentals of football with our 1 Day Summer camps coached by the Shamrock coaches, players, and former players in college. Players will learn the basics of ball security, non-contact tackling, blocking, kicking, receiving, and defending. All campers will also go through a combine-style workout, including getting timed in 40-yard dash, shuttle run, and agility drills. All campers will get T-shirt with BBQ to follow.

St. Patrick 7th Grade Spring Shadow Days

Friday, April 5

Thursday, April 11

Thursday, May 2

Friday, May 3

Spring Open House

Sunday, April 28 1-3pm

Shamrock Home Football Dates

Saturday, Sept. 7 vs. Glenbrook North-7:00pm at Triton College

Friday, Sept. 13 vs Leo-7:30pm at Triton College

Saturday, Oct. 5 vs St. Viator-7:00pm at Triton College

Friday, Oct. 18 vs Marist-7:30pm at Triton College

Questions?

Contact Head Football Coach Adam Guerra

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