

WAIVER AND RELEASE

I know that walking or running in an event that is organized as a virtual activity where I walk or run on my own, at a date and time of my choosing, in a location and on a route of my choosing, which will not have any support or security measures in place by Saint Patrick High School or local officials, is a potentially hazardous activity, which could result in injury or death. I acknowledge that I am participating in the activity outlined by this virtual event by my own free will and at my own personal risk. I will not participate in a virtual event unless I am medically able and properly trained, and by my signature or otherwise agreeing hereto, I certify that I am medically able to perform this event, and am in good health, and I am properly trained. I further agree to abide by the Center for Disease Control's (CDC) recommendations for the prevention of the spread of the 2019 Novel Coronavirus Disease (COVID-19) and other communicable diseases, and I attest to having read the CDC's guidance at: <https://www.cdc.gov/coronavirus/2019-ncov/prepare/prevention.html>. I attest that if my community has a shelter in place order, that I will only participate in the virtual event by using a personal treadmill, and I will not run outside in the community during the duration of a shelter in place order. I agree to follow all pedestrian safety ordinances including running on a sidewalk where available and not in the road. I agree to follow the rules of the road if no sidewalk or multi-use trail is available, and I will run against oncoming traffic and not with traffic.

I agree to abide by the rules and procedures set forth by Saint Patrick High School for this virtual event, and to abide by any decision of Saint Patrick High School or its authorized employees relative to any aspect of my participation therein, including the right of Saint Patrick High School to deny or suspend my participation for any reason whatsoever. I assume all risks to me associated with running or walking on my own or otherwise participating in this virtual activity, including but not limited to: falls, contact with vehicles or other pedestrians, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road or trail, all such risks being known or unknown and appreciated by me when out running on my own without any type of support from local officials or event organizers.

Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself, my successors, executors, administrators, assigns, heirs and anyone entitled to act on my behalf, waive and release

Saint Patrick High School, its officers, directors, employees, agents, successors, sponsors and their representatives (“Releasees”) from any and all claims or liabilities of any kind, whether arising in tort, negligence or otherwise, for any injury or damages to person or property arising out of my participation in this virtual event, and waive my ability to bring any legal action against the Releasees as I am voluntarily electing to walk or run on my own as part of this virtual event. I grant permission to all of the foregoing to use my photographs which I may share online as part of the event, personal data provided during registration and post-event reporting, video or audio recordings, or any other record of this event for any legitimate purpose. I understand that no refunds will be given for any reason.